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## UNCA-ACA COMBINE CROSS COUNTRY MEET

Dear Coach,

We would like to invite you and your team to the UNCA-ACA Cross Country Combine meet on Saturday, September 29. The meet will be held on our campus in Swannanoa. There will be an entry fee of \$70 per school or \$20 per individual. The team entry fee covers all boys and girls, regardless of the number of athletes. Individuals must represent their school. Checks should be made payable to ACA and note Cross Country and mailed to PO Box 1089, Swannanoa, NC 28778 Attn: ACA Athletics.

Entry process: Teams rosters must be sent via email to <u>RaySuddreth@gmail.com</u>. Entry opens on Monday, September 17 and will close at 3:00 p.m. on Monday, September 24. We are limiting entries to 25 teams.

Teams: A list of accepted teams will be posted at bigkahunatiming.com. Please check this site to confirm your entry.

Course: The course is a double loop configuration. The course is run entirely on grass and wood chip trails. Regular racing flats and very short spikes are recommended.

Awards: Individual awards will be given to the top 10 finishers in each race. Team awards will be given to the top two teams in each race. Award presentation will follow the high school girls' race.

Schedule: College men (8K) 9:00 a.m., High School men (5K) 9:40 a.m., College women (5K) 10:20 a.m., High school women (5K) 11:00 a.m.

Contact: Henry Weaver (ACA - 828-581-2202, Mobile - 828-691-2010)

We look forward to hosting your team.

## DIRECTIONS FOR ENTRIES:

To send entry rosters for the meet, go to <u>www.bigkahunatiming.com</u>. Scroll down to UNCA-ACA Combine Cross Country, September 29. Complete and submit separate roster entry forms for women and men. You will receive an email confirmation of the receipt of your entries within 24 hours. The online entry forms open on Monday, Sept. 17 and will close at the end of school on Monday, Sept. 24. The meets are limited to the first 25 teams to enter.

Feel free to contact Ray Suddreth if you have any questions or concerns.

Ray Suddreth Big Kahuna Timing (cell) 828-499-2626 (office) 828-726-2405 <u>raysuddreth@gmail.com</u>